

Heritage Recipes

You can share old family recipes and traditions

Tante Helen's Cranberry Salad

From Jamie

After graduating high school in 1978, I lived with my Aunt Helen & Uncle Don for 2 years. Tante Helen would make this for all the "special" days of the year, Easter, Thanksgiving & Christmas and anytime I could con her into doing it! My Tante passed away in 1981 & I think about her often. We had a very special relationship & this recipe makes me feel like I'm sharing her with others. Our family absolutely loves it as do all of our friends. You can change it around a bit depending if you like nuts or not. So, please, enjoy!

Tante Helen's Cranberry Salad

Recipe Ingredients:

1 bag frozen cranberries

1 bag mini-marshmallows

2/3 - 1 cup granulated sugar

1-16oz can crushed pineapple, drained

1-1g container Cool-Whip

Any type of nut if desired (I don't put them in as too many are allergic)

Recipe Directions:

Grind the cranberries in food processor (makes an unholy racket so make sure everyone's awake!), mix with marshmallows & pineapple (you may add the nuts here if desired). Sprinkle with sugar and stir well. Refrigerate overnight stirring occasionally. Just before serving, fold in Cool-Whip. This will keep for several days in the refrigerator, some juice will come to the top, but just stir it back into mixture. YUUUUMMMMY!!!

You could probably add shredded coconut & Mandarin oranges if you want, but I've never altered it from the way Tante Helen made it.

Note: I freeze the cranberries as they tend to mush up if you don't. I also like mine slightly more tart so I use less sugar, however, when I'm taking it out to a gathering, I will add at least 3/4 cup.

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