

Heritage Recipes

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Lads and Lassies Taffy

From Dorothy

This is an old taffy recipe dating before 1950. I remember as a child, Mom making this taffy and we had to pull it until was smooth and taffy colored. This was a treat. (This recipe for taffy was originally published in "Grandma's Old Fashioned Molasses" by the American Molasses Company.)

Lads and Lassies Taffy

1 cup sorghum molasses

3/4 cup sugar

1 1/2 tablespoons butter

Stir over low heat to melt sugar . Increase heat and cook to form hard ball in cold water (275°F). Pour in buttered pan and cool until firm and cool enough to handle. With well greased hands, pull taffy until light in color. Let cool and break apart. Lightly coat with powdered sugar.

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