

Heritage Recipes

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Maebelle's Chocolate Gravy

From Crystal

This recipe was given to me by my husband's Grandmother when we first married. It quickly became a favorite of my son's for breakfast and has always been a favorite of my husband's. We have dated this recipe back for at least 100 years as Grandmother Maebelle died at the age of 97 and the recipe was handed down to her by her Mother, Grandma Dobbins. Grandmother Maebelle had a large family to feed and this was an inexpensive way to do so during the depression. This is the one thing when my son came home from Iraq that he wanted as soon as he could get it.

Maebelle's Chocolate Gravy

3 T. cocoa
3 T. flour
1/2 c. hot tap water
2/3 c. sugar
2 c. milk
pinch salt

In a large saucepan, combine cocoa, flour, and sugar. Add hot water; cook over low heat until dissolved; stirring constantly. Stir in milk and continue stirring until thickened. Serve over hot homemade biscuits or pancakes. Makes a great sauce for ice cream as well.

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